N95 Surgical Respirator - FitClip™

INSTRUCTIONS FOR USE

The N95 Surgical Respirator Mask offers a comfortable and adequate seal by joining the two mask bands with the FitClip™. An inadequate seal between the Respirator and the face can result in contaminated air entering the mask. Please refer to your appropriate Respirator Fit Test Procedure to determine the required combination of mask size and FitClip™.





Standard FitClip™ is provided. The XL FitClip™ can be ordered if a longer band is required.



Applying the Mask

Prior to donning or doffing, ensure hand hygiene is undertaken.







Open the respirator mask and create a gentle curve in the nose wire.



The Standard FitClip™ will come attached to your mask but there is also an XL FitClip™ available to provide extra length to your mask bands should you feel that they are too tight when fitting.



- Lean chin into the mask and lift bands toward the crown of the head, securing onto the FitClip™.
- 4. Position the mask nose piece above the nasal flares. The mask should sit on the soft area of the nose rather than on the bone of the nose.
- 5. Adjust mask bands for a secure and comfortable fit.

Tips & Tricks

If you notice an immediate gap between the side of the face and the mask, it may be that the strap needs to be adjusted. This can be done by lowering the bottom strap behind the ear. If a gap is still present after lowering your strap a different size mask may be required.



- 6. Using your index finger, hold firmly on the nose wire in the centre of the nose, while using your other index finger and thumb in a pinching motion, to firmly mould the nose wire over the bridge of the nose.
- 1 **Note:** A downward movement and very firm pinching motion around the nose is required to achieve a seal, avoid creating a "peak" in the nose wire. Ensure the mask is moulded as closely as possible above the nostril flare and around the face.
- 7. Once the mask is firmly moulded to the nose, using one hand, firmly pinch on the nose wire low on the nasal flares of the nose and gently drop your bottom jaw.

 This will allow the respirator to fit the natural shape of your face, resulting in a better seal.



8. Look left to right, then up and down. There is to be no movement of the mask at the nose wire.

- 9. Inhale and exhale deeply, checking for escape of air. Remember, once the respirator is applied it should not be touched or reapplied.
- Note: Any movement of the respirator at all would indicate that it is not fitted adequately and/ or that the mask may need to be repositioned and refitted. In this case, repeat step 6.

Removing the Mask Safely

Prior to donning or doffing, ensure hand hygiene is undertaken.



- Without touching the mask, follow bands towards the FitClip™ and gently unhook, keeping tension on the bands.
- 2. Lean forward, maintaining control of the band tension, whilst slowly removing the mask away from the face. Ensure the mask does not flick forward or back onto the face.
- 3. Discard the mask responsibly.
- **4.** Ensure hand hygiene is performed once the mask has been discarded.







Caution: Masks help protect against certain particles and are designed for occupational use by healthcare professionals who are properly trained in mask use and limitations. Misuse may result in sickness or death. DO NOT use in any manner not indicated in the Instructions for Use. Always read the label. Discard the mask if it becomes damp, soiled, damaged, or difficult to breathe through. Performance efficiencies may deteriorate when exposed to oil-based substances or individual fit characteristics are not adequate. Do not use if the packaging is damaged. Maximum operating temperature is +50°c.



DETMOLD